

SST SPEED DAY

LEAVE YOUR COMPETITION BEHIND ...

EVERY SATURDAY @ 11AM!!

Learn To:

- ✓ Attack FASTER
- ✓ Close down QUICKER
- ✓ EXPLODE off your

first step

OPEN TO
ALL ATHLETES
AGES 12+
ALL SPORTS



SST Athlete – Dionne Steriotis
Academic FC, Portugal

STARTS NOVEMBER 10th

Register now to secure your spot
TODAY!!*

* Prices add HST. Space limited to ensure our athletes receive proper